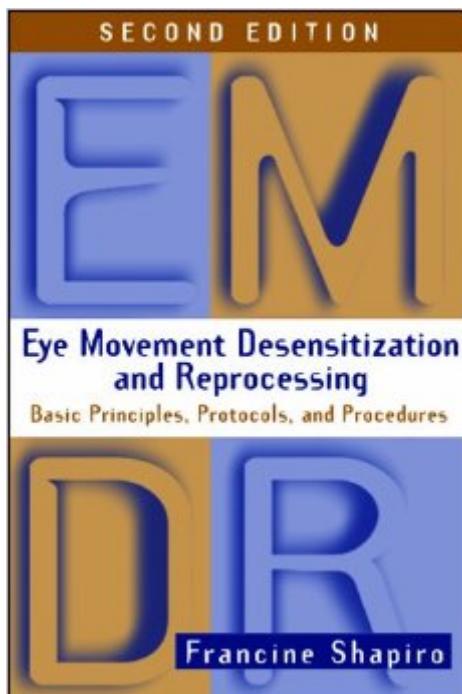


The book was found

Eye Movement Desensitization And Reprocessing (EMDR), Second Edition: Basic Principles, Protocols, And Procedures



Synopsis

This volume provides the definitive guide to Eye Movement Desensitization and Reprocessing (EMDR), the psychotherapeutic approach developed by Francine Shapiro. EMDR is one of the most widely investigated treatments for posttraumatic stress disorder, and many other applications are also being explored. Presenting background on EMDR's development, theoretical constructs, and possible underlying mechanisms, the volume also contains detailed descriptions and transcripts that guide the clinician through every stage of therapeutic treatment, from client selection to the administration of EMDR and its integration within a comprehensive treatment plan. Among the many clinical populations for whom the material in this volume has been seen as applicable are survivors of sexual abuse, crime, and combat, as well as sufferers of phobias and other experientially based disorders. Special feature: Two online-only appendices were added in 2009 (www.guilford.com/EMDR-appendices). These appendices comprehensively review current research on EMDR and its clinical applications. EMDR is now recognized by the American Psychiatric Association as an effective treatment for ameliorating symptoms of both acute and chronic PTSD (APA Practice Guidelines for the Treatment of Patients with Acute Stress Disorder and Posttraumatic Stress Disorder). New to This Edition: *Updated neurobiological data, findings from controlled clinical studies, and literature on emerging clinical applications. *Updated protocols and procedures for working with adults and children with a range of presenting problems.

Book Information

File Size: 1274 KB

Print Length: 512 pages

Page Numbers Source ISBN: 1572306726

Publisher: The Guilford Press; 2 edition (August 6, 2001)

Publication Date: August 6, 2001

Sold by: Digital Services LLC

Language: English

ASIN: B005DIAP18

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Not Enabled

Best Sellers Rank: #132,220 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #56 in Kindle Store > Kindle eBooks > Medical eBooks > Specialties > Psychiatry #96 in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Counseling & Psychology > Clinical Psychology #103 in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Counseling & Psychology > Neuropsychology

Customer Reviews

EMDR may be an excellent form of overcoming trauma, and the research tends to suggest it does, although if you read the literature in a disinterested way, you will find there are many mixed reports on study results. Some find EMDR equal to or better than Cog/Beh Therapy intervention; some find it better; some find it not as effective. As someone who has conducted experimental research, I wish to point out several issues that should be addressed, even for true believers. First, EMDR is a perfect intervention for a technological age: after all, don't all our life's problems supposedly have a technological solution. Our culture says so, but of course, history tells us otherwise. Spiritual meaning, social integration, a personal credo, culture and religion still appear to be the ingredients that hold us together..or as Paul Tillich says, "Our ground of being." Technology may be helpful but it is ultimately ancillary. Of course, those who suffer from trauma may require immediate relief, and if EMDR can reduce suffering efficiently and quickly, that's fine. **HOWEVER**, that being said, one must look a bit further. First, one must consider the individual client him/herself. EMDR helps us return to a traumatic event, see it more objectively, and hopefully allows us to use our reasoning faculties which may not have been in play during such events owing to stress, shock, immaturity, ignorance, and so forth. However, we all have varied levels of experiencing or "reliving" memory. Some can visualize quite easily and can "see" the experience as vividly, even more vividly than the true life one. In keeping with Gardner's idea of "multiple intelligences," we should consider that different individuals have different "intelligences" in reconstructing or reliving events.

[Download to continue reading...](#)

Eye Movement Desensitization and Reprocessing (EMDR), Second Edition: Basic Principles, Protocols, and Procedures Third Eye: Awakening Your Third Eye Chakra: Beginner's Guide (Third Eye, Third Eye Chakra, Third Eye Awakening, Chakras) Third Eye: Third Eye Activation Secrets (Third Eye Awakening, Pineal Gland, Third Eye Chakra, Open Third Eye) Movement Matters: Essays on Movement Science, Movement Ecology, and the Nature of Movement Eye Contacts, Lasik Eye Surgery, Or Eyeglasses: The Pros and The Cons (Blue Contacts, Discount Contact Lenses, Eye Lenses, Prescription Colored Contacts) Third Eye Awakening: The Ultimate Guide on

How to Open Your Third Eye Chakra to Experience Higher Consciousness and a State of Enlightenment (Third Eye, Pineal Gland, Chakra, Kundalini) Third Eye: Third Eye, Mind Power, Intuition & Psychic Awareness: Spiritual Enlightenment (3rd Eye, Spiritual Awakening, Psychic Abilities, Mediumship, Pineal Gland) Applied Cryptography: Protocols, Algorithms, and Source Code in C [APPLIED CRYPTOGRAPHY: PROTOCOLS, ALGORITHMS, AND SOURCE CODE IN C BY Schneier, Bruce (Author) Nov-01-1995 Telephone Triage Protocols for Nursing (Briggs, Telephone Triage Protocols for Nurses098227) Telephone Triage Protocols for Nurses (Briggs, Telephone Triage Protocols for Nurses098227) Telephone Triage Protocols for Nurses (Briggs, Telephone Triage Protocols for Nurses) UMTS Signaling: UMTS Interfaces, Protocols, Message Flows and Procedures Analyzed and Explained Handbook of Applied Dog Behavior and Training, Vol. 3: Procedures and Protocols Learning and Memory: Basic Principles, Processes, and Procedures Roberts and Hedges' Clinical Procedures in Emergency Medicine, 6e (Roberts, Clinical Procedures in Emergency Medicine) Roberts and Hedges' Clinical Procedures in Emergency Medicine (Roberts, Clinical Procedures in Emergency Medicine) ISO 2859-4:2002, Sampling procedures for inspection by attributes - Part 4: Procedures for assessment of declared quality levels Office Procedures for the Legal Professional (Legal Office Procedures) Essential Clinical Procedures, 2e (Dehn, Essential Clinical Procedures) Lippincott's Nursing Procedures (Springhouse, Nursing Procedures)

[Dmca](#)